

# Nollaig Shona ó UPMC

## Happy Christmas from UPMC!

Wishing you and yours a happy and healthy Christmas season from all of us at UPMC. Thank you for your partnership and support throughout the year. We look forward to working with you again in 2023.

## Recent Updates

2022  
IN REVIEW

### A Year in Review

2022 saw the further expansion of our internationally recognised network of sports medicine clinics across Ireland. It also saw the strengthening of our partnerships with community groups, the delivery of multiple educational events, the start of a nationwide roll-out of our concussion baseline testing, and more.

[Read More](#)



### UPMC Institute for Health in Mayo Now Open for Referrals

The UPMC Institute for Health at the Connacht GAA Centre of Excellence in Mayo is now accepting referrals from GPs, athletes, parents, and coaches. Self-referrals are also welcome.

[View Details](#)



### UPMC, the GAA/LGFA/GPA, and the Camogie Association, Partner on Concussion

UPMC have partnered with the GAA/LGFA/GPA and the Camogie Association to roll out a concussion baseline testing programme across all 32 counties.

[Learn More](#)



### Breast Cancer Ireland and the GAA/GPA Partner with UPMC Hillman Cancer Centre

UPMC's partnership with [Breast Cancer Ireland](#) and the [GAA/GPA](#) aims to educate the GAA community on good breast health so cancer can be detected early and patient outcomes improved.

[Read More](#)



### Webinars for GPs: The Female Athlete

"The Female Athlete" webinar is now available on demand at Medcafe. Listen to a panel discuss the female athlete and the menstrual cycle, concussion in female athletes, and post-natal return to play. Earn CPD points in a convenient virtual format.

[Access the Webinar](#)



### Consultant Directory - Download and Print

Do you prefer a printed version of UPMC's consultant directory? It's now available to download and print at your convenience.

[Download Consultant Directory \(PDF\)](#)