



WE SEE MORE THAN BONES AND LIGAMENTS

Advanced Orthopaedic Care, Close to Home

UPMC Orthopaedic Care offers access to an entire network of consultants close to home with innovative surgical and non-surgical options to help patients get back to their passions.

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Recent Updates



New Dermoscopy and Mole Screening Service Now Available at UPMC

We are delighted to welcome Rose Clinic to UPMC Whitfield Hospital and UPMC Carlow Outreach Centre. Clinics will take place once a month at each UPMC location. A GP referral is required by completing the [online referral form](#) or sending an email to info@roseclinic.ie.

[Learn More](#)



Webinar for GPs: UPMC Evening on Orthopaedics - Lower Limb

Join us on Thursday, 23 February, for a live evening webinar on lower limb disorders, rehabilitation, and treatment presented by UPMC Orthopaedic Care experts. Ask questions, get answers, and earn CPD points in a convenient, virtual format available in association with MedCafe.

[Learn More](#)



Osteoarthritis Rehabilitation Programme Starting Soon

UPMC Sports Medicine have announced that a new Osteoarthritis Rehabilitation Programme will begin on 28 February and run for a period of six weeks at their new locations in Limerick, Tipperary, and Mayo.

It will be led by chartered physiotherapists who will guide attendees through a series of gentle exercises that are designed to help reduce pain, increase flexibility, and improve overall joint function.

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